

Grow Civic - Project No: S-0094

## Preferences and Problems with Elderly Care of Families in Northern Cyprus:

### Field Study Report

August 2020



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## **1.Introduction**

The Government Planning Organization's projections for 2017 indicate that the population of those aged 60 over in Northern Cyprus has reached about 13%, meaning the country's population is very old.

Research by the Association of The Elderly Rights and Mental Health in March 2019, found that while the elderly population of Northern Cyprus has increased rapidly, both the government and the private sector have not invested enough in the field of elderly care for the past four decades, and it has been observed that no projects have been developed. Since the law on the regulation of nursing homes has not yet been enacted, there are major problems in the establishment, operation, and supervision of nursing homes, also, there is still no residence facilities or nursing homes for healthy seniors.

There are 2 government nursing homes and 5 private nursing homes for the elderly in Northern Cyprus. The total number of elderly people that these nursing homes can care for is around 175 people. Providing long-term, institutional care for only 175 elderly people in Northern Cyprus, which has a population of 300,000, reveals that this sector is largely neglected by both the government and the private sector.

Today in Northern Cyprus the middle- and upper-income elderly are being cared for by foreign carers in their own homes. Most low-income seniors live with close relatives or in nursing homes. Even though families are unhappy, they must choose between these constrained options because there is no other alternative.

The elderly who want to be cared for at home have to deal with many formalities such as finding a carer from abroad and obtaining a work permit. It is also observed that the elderly who have cultural and linguistic problems with their foreign carers often change them. The growing number of foreign carers also appears to be detrimental to the economy. Low-income seniors do not have the money to hire carers and they have a hard time finding a place in the very limited number of nursing homes.

With this survey, the Association for Elderly Rights and Mental Health seeks to determine where families in Northern Cyprus want their elderly to be cared for, and how middle-aged citizens plan their aging. According to the survey results, 85% of the participants do not find existing nursing homes sufficient in terms of service. For this reason, families often prefer to have their relatives cared for in their own homes. If there were contemporary nursing homes with trained staff, modern single rooms with the qualities that they desire, it was perceived that 82% of the participants would prefer to have been cared for in such a place. 85% of the participants are willing to pay much higher than the current nursing home fees to stay in such a nursing home.

This study, which we believe will be a guide for the government and private sector entrepreneurs, has been supported by the Grow Civic Program. The findings are analyzed under the headings below, and the questionnaire, questions, and answers are given in the appendix of the report.

## **2. Demographic Structure of the Participants**

In July 2020, 202 people from across Northern Cyprus participated in a survey study, which was conducted online.

68% of the respondents are women and 32% are men. 86% of the participants are between the ages of 36-65, and there are individuals from every professional group and education level, and it was observed that approximately 80% of the participants are university graduates (see Appendix, questions 5 and 6). 19.3% of the participants are Ph.D. graduates and 30.7% are postgraduates. Individuals working in both the private and public sectors participated in the survey.

In proportion to the education level, most of the participants were determined to be middle and high-income people with an income above the minimum wage. (See Appendix, Question 7).

## **3. Care and Care Satisfaction of Elderly Family Members in Northern Cyprus**

The mothers of 74% and the fathers of 49.5% of the individuals surveyed are currently alive, also, 62% of the married participants' mother-in-law and 40% of father-in-law are alive. (see Appendix, questions 9-18)

Many of these middle-aged participants need to make various decisions and provide financial and moral support, now or in the very close future, for themselves and their spouses to receive care for their elderly parents.

91 (45%) of the 202 people who participated in the survey stated that they have an elderly relative who is currently in need of care. When we asked where the elderly were cared for, 68 (75%) of the 91 people stated that the elderly were cared for in their own homes with the help of a carer. Of the remaining, 13 people (14%) stated that their elderly relative lived in a family member's home and 10 (11%) stated that the elderly lived in a nursing home (see Appendix, question 22).

As can be seen, the majority of participants stated that their elderly relatives are cared for at home with the help of a carer and a very small proportion stated that they are cared for in a nursing home. The questions we asked were to understand whether the participants were satisfied with the care services. They answered in various ways as follows:

### *3.1 Care in nursing homes*

The degree of intimacy of the participants, who have elderly relatives in the nursing home, is often referred to as second-degree relatives such as grandmother, grandfather, aunt, uncle, or sibling of their spouses.

When we asked the respondents whether they were satisfied with the care in the nursing homes, 5 people stated that they were satisfied, 2 people were not sure, and one person said "it could have been better, but we are grateful for it because there is no better alternative, unfortunately."

Another elderly relative replied, “We are not satisfied, not enough attention is paid.” (See Appendix, question 27)

### *3.2 Home Care with Carers*

When we asked if they had an elderly person who is now or in the past was cared for by carers in their home, 108 out of 202 people (54%), or more than half of the participants, answered “yes”. When asked for a degree of intimacy, most elderly people cared for in their own homes were “mothers” and “fathers”. Grandmothers, grandfathers, aunts, uncles, mother-in-laws, and father-in-laws were also mentioned.

When we asked the question “*Are you satisfied with the care of your relative who is being cared for in their own home?*”, although a wide variety of answers were given to that, 66% were found to be yes, 18% were no, while 16% were partially satisfied (see. Appendix, question 32).

The answers to clarify this question are summarized as below. Also, the full list of answers given is listed in the Appendix in question 32.a.

#### Answers among those who are partially satisfied:

- “Even though I was not very satisfied, they did not have any other choice.”
- “Yes, we were pleased, but it was a huge burden on us to do the house shopping, to manage the carers and... it was never easy to deal with job permits and special problems for carers.”
- “It’s better than nothing.”
- “He was doing okay. He was never looked after like a family member.”
- “To a minimum degree, yes.”
- “Partially, the medical care is inadequate.”

#### Answers among those who are satisfied:

- “Yes, because they have 2 elderly (mother and father) the carers were 2 women, one is boarding, and the other is working office hours...both are very good people luckily for us.”
- “We are satisfied with the personal care, cleaning, and nutrition of the carer, and the psychological gap is being filled by family members.”

#### Answers among dissatisfied:

- “It was a troublesome period; I am not very satisfied.”
- “We have had him/her looked after before, but we’re not satisfied, and we’ve had to take him/her to the nursing home.”
- “I was not satisfied, so I had problems.”
- “It wasn’t enough.”
- “No, we’re not satisfied, so my mom’s taking care of my dad right now.”
- “No, the given care needs to be professional, reliable, and compassionate.”

#### **4 What would be the preferences of families if other care options were available?**

As previous questions have shown, families in Northern Cyprus usually have their elderly people cared for in the elderly's own home by hiring a carer. 75% of respondents answered in this way, while on the other hand, only 10% of respondents were caring for their elderly in a nursing home. This could be due to cultural norms where the public does not prefer care homes, or they did not prefer them because they were not able to provide services of the expected quality.

To better understand the thoughts and preferences of families on this issue, another survey question asked, *"Would you consider taking care of your relatives in a nursing home if there were nursing homes in our country that provided a high quality of service that you desire?"* Various comments were written to the question; 109 people (55%) answered yes, 70 people (35%) answered no, and (10%) people answered not sure.

All of the comments made for this question are given in the Appendix and question 35. Some of the comments of those who answered this question are summarized below.

##### Comments of those who said yes among the answers given:

- "I would have my second-degree relatives looked after there."
- "Yeah, I'd consider getting care for them at regular intervals if not constantly."
- "Yes, I would have taken them to a nursing home, if it was a place where we could trust them to look after them comfortably and get care for our elderly relatives."
- "Yes, but their choice would be my priority."
- "Yes, I would consider it, if there were institutions where we would not have to continually find another carer every six months. It is often difficult for the elderly to change carers, and for us, who are elderly relatives, it is both a financial and moral burden to get a permanent work permit for that carer. Now our elderly is in the hands of a single carer and in an environment where no one can visit them. If a good nursing home was looking after them, they would be less likely to be abused by their carers, also, the elderly could find the opportunity to socialize with other elderly people in that home."
- "Yes, I would. I think there can be better care services with the necessary hygienic conditions, psychological and medical support in such nursing homes."

##### Comments of those who said no among the answers given:

- "No – They would get hurt psychologically- they would think they were unwanted."
- "No, I wouldn't have thought of it. It's their child's responsibility to take care of the parents. As busy as we are, just as they looked after us as children, we have to take care of them in the best way when they get old."
- "No, we would prefer to take care of them ourselves, but if it wouldn't be possible for us, yes."
- "No, I would rather have them in their home under our supervision. I would love to have a high-quality nursing home like that in the future for myself."

- “No, I could not think about it because my mom would not want it.”

Comments of those who said they are not sure among the answers given:

- “Maybe.”
- “It is possible. Regular health check-ups and providing a social environment can be effective in such a decision.”
- “I am not sure; I will leave it to anyone’s preference when that day comes.”
- “I am not sure, the other elements that should be integrated into such a nursing home are not very clear. This makes it difficult to ensure the quality you mentioned.”
- “It is possible, a creche-style nursing home would be beautiful.”
- “It is possible.”

## 5. Elderly Care Fees

### 5.1 Current Situation

Elderly care fees in Northern Cyprus vary according to the nursing home. According to the 2019 Status Report of Senior Citizens Residence and Elderly Nursing Homes in the northern part of Cyprus, by the Association of Elderly Rights and Mental Health, elderly care homes demand a fee between 1,500 and 3,000 TL. Since the nursing home fees are not regulated by the government, it has been observed that the fees differ; even 2 or 3 different fees are applied in the same nursing home and vary according to the income of the people.

When we asked, “*How much does the monthly maintenance fee for your relative staying in the nursing home cost?*”, half of those who answered could not answer the question because they had no information, 1 person said 2,500 TL, 1 person said 3,000 TL, 1 person said around 3,000 TL. Another person answered that he is being cared for in the public nursing home (see Appendix, question 28).

When we asked those who care for elderly relatives at home, “*How much do you pay the carer a month for giving the service at home?*”, although, figures between 2000 and 7000 TL were given to this question, the majority stated that they paid the minimum wage and they also issued a work permit and paid the carer’s social security investments (see Appendix, question 33).

Apart from carer’s expenses, elderly people also have expenses such as food, drink, medicine, diapers, telephone bills, water, gas, and electricity. When asked about the total monthly care costs of their elderly, excluding the carer’s fee, most of the respondents gave an amount between 3,000 TL and 10,000 TL (see Appendix, question 34).

When asked, “*If you have relatives in need of care, do they have a regular salary/income for care services?*”, 88% of the respondents answered yes, and 12% answered no. Also, families indicated that they provide financial support to the elderly when the income of the elderly is not enough for care.

## **5.2. Better Quality Care Service**

To measure how much people who are not satisfied with the existing nursing homes in Northern Cyprus and who seek better care are willing to pay to receive better quality care, we asked this question, *“how much would you agree to pay?”*.

Some of the participants gave answers to this question such as “I don't know”, “it is difficult to meet these criteria”, “depends on services”, “whatever is needed”, while 163 participants in total indicated their capacity to pay for high-quality nursing homes.

According to the answers given, 15% of 168 people in total can pay up to 3000 TL, 71% can pay between 3001 TL and 5000 TL, 8% can pay between 5001 and 7,000 TL, and 6% are between 7001 and 20,000 TL. It has been determined that they can all pay the fee (see Appendix, question 36).

This information shows us that a very high proportion of the survey respondents, such as 85%, would be willing to pay higher fees and receive services from these nursing homes if they had better quality care than is currently available. Only a small percentage of respondents, such as 15%, will not be able to pay more than the low fees currently available.

## **6. Is there solidarity between siblings for elderly care?**

The fact that there are very few elderly nursing homes in Northern Cyprus, and the elderly are generally cared for in their own homes with the help of carers, it is a known fact that these elderly people bring financial and moral obligations among their adult children. Do the children help each other to care for their parents, or is this burden left to only one sibling?

While 107 (53%) of 202 people who participated in the survey answered yes to this question, 30 (15%) stated that they were not shared.

Some participants stated that there was no sharing because their siblings were abroad, or that the care burden was left to one or two siblings.

It was stated that in some cases only the moral burden was shared, and in other cases, it was shared both financially and morally (see. Appendix, question 38).

Since the number of siblings of the participants should be taken into account to be able to talk about sharing, they were asked about the numbers of their siblings as well as their children.

As the table below shows, the majority of the participants have 3-4 siblings, while their children are at most 1-2. This information gives us a clue that the younger population, which decreases after a generation, will have more difficulties in the care of the increasing elderly and therefore institutional nursing homes will gain more importance in the coming years.

In other words, while today's middle-aged group enjoys the advantage of having many siblings while caring for their parents, a generation later, their children will not have this advantage. It means, for looking after their parents, either two, one or no children will carry this burden.

**Table 1- Comparing Participants' Number of Siblings and Children**

Siblings/Number of children	Grouping of participants by the number of siblings (%)	Grouping by Number of Participants' Children (%)
1-2	38.7	86.6
3-4	44.6	12
5-6	11.9	1

Considering the decrease in the number of children in families and the fact that children in many families will live abroad, it is predicted that soon some families will not be able to receive elderly care services in their own homes even though they have enough money. These will be families without children, or families whose children live abroad. Because in addition to money to be looked after at home, the elderly need their children, only money is not enough.

There is a constant need for a person who will recruit and manage carers, make payments, check whether the elderly are well cared for, dismiss the carer and find other carers, take care of the health problems of the elderly, and provide all needs of the house. Naturally, these people are the closest relatives of the elderly, that is, their children.

In families without children, the elderly cannot receive care services at home when there is nobody person to provide these services for them.

## **7. The ability of the elderly to receive health care at home**

It has been observed that in Northern Cyprus the elderly people who are losing their physical strength due to ageing cannot receive adequate government health care services. The lack of ambulances or transport suitable for carrying elderly patients, who are bedridden and have difficulty in walking, to transport them to the hospital in emergencies is a big problem for families in Northern Cyprus.

When we asked *“If you have a very old or bedridden patient who is being cared for at home, do you have difficulty bringing a doctor to the home or taking the patient to the hospital?”*, 52% of the participants who have bedridden or very elderly relatives said no to the question we asked, while 48%, nearly half, answered yes (see Appendix, question 39).

The participants who said yes to this question stated their main problems as follows (for the full list see Appendix, question 39.a).

- “Yes, it is difficult for my mother to go to the hospital because she has Alzheimer’s.”
- “Yes, we lived with my grandmother. We had difficulties in taking the patient to the hospital as there was no transport.”
- “Yes, it is very difficult because we live in an apartment.”
- “Yes, we had a lot of trouble. We had difficulties both in bringing a doctor home and taking our elderly to the hospital. Our patient with a broken leg was taken to the hospital by an ambulance, but after surgery was done on his leg, while he couldn’t



walk, we took him in the back of our car by pushing the seat back and laying him down there, brought him home and to his room.”

- “Yes, it is difficult. We needed the help of 3 people.”
- “Yes, we had difficulties because their movements are slow.”
- “Yes, there is no transport service.”
- “Yes, we have. The doctor usually does not come to our home and asks for a higher price. Taking an elderly person with mobility problems to the hospital just makes his life even more difficult, the psychological pressure of the hospital makes our elderly even sicker.”
- “Yes, time is the biggest problem.”
- “Yes, we have. If there is no family doctor they do not come home, no discount in terms of money is considered. If our patient is thought to be bedridden, being taken to the hospital is a nightmare for our elderly.”
- “Yes, we had difficulties. We could only get my father from home with the government hospital ambulance. And we were having a lot of trouble because he was bedridden. Calling a doctor home was a challenge.”
- “Yes, I do not have the elderly, but as much as I have heard, some relatives are having these difficulties. ”
- “Yes, this is one of the most troubling issues. If they have money, they do not receive services from the government. We are having trouble finding medicine and a doctor. We have been having years of problems with a thousand procedures to prescribe their medication.”
- “Yes, it can be hard for our grandfather to get in and out of the car sometimes, but we do not have a problem with his doctors coming to our home.”
- “Yes, it was impossible to take him to the doctor because his body was having muscle contractions. The doctor came when we called but he came late.”
- “Yes, no difficulty in bringing the doctor. It is hard to take them to the hospital.”
- “Yes, it is hard to get an ambulance or a doctor, because the house is far from the city center, and it is hard to carry him because he’s paralyzed!”

## **8. Have participants planned their old age?**

To see whether the mostly middle-aged participants plan their old age and to understand their preferences in this direction, We asked, “*Where do you want to be cared for when you need care in your old age?*”.

Of the 202 people who participated in the survey, 104 people, that is approximately half (51.5%), stated that they want to be cared for in their own home with the help of a carer, while 86 people (42%) want to stay in a quality nursing home/nursing home with private rooms. A very small group, like 2%, also stated that they want to be cared for in their children’s homes (see Appendix, question 40).

It was determined that 4% of the participants have not yet thought about this issue and are not sure where they want to be looked after when they get old and need care.

To the question of whether you are saving money for your old age, 51.5% of 202 respondents answered yes, 48.5% answered no. Also, 96% of the participants stated that they will have a regular retirement pension when they retire (see Appendix, question 42).

## **9. Do elderly nursing homes provide adequate service in North Cyprus?**

To measure the awareness of the participants about elderly care in Northern Cyprus and to get their opinions about the nursing homes currently available, 2 separate questions were asked to them.

The first question is, *“Have you ever visited any senior citizens residence /nursing home in North Cyprus?”* and the second question is, *“Do you find the senior citizens’ residence /nursing homes sufficient in terms of service?”*.

From the answers to the first question, it was observed that the vast majority of respondents had visited a nursing home in Northern Cyprus, while 29% had never visited any (see Appendix, question 43).

Of the 85% of respondents who answered whether they find nursing homes in Northern Cyprus sufficient in terms of service, 11% of them do not know, 4% replied yes (see Appendix, question 44).

The main opinions of the participants who do not find the elderly care services provided good enough by the nursing homes are given below. The list that gives all the views is given in the Appendix, question 44.a.

- “No, I think it’s inadequate in terms of service”
- “No. Patients are dissatisfied individuals living in places not arranged according to climatic conditions and in need of maintenance with dirty medical equipment, and untrained personnel. They are treated like objects, not humans. I did not see proper care anywhere, and I don’t want to be there, and I don’t want to see any of my relatives there.”
- “No, I do not find it, I have visited many nursing homes. Employees are not educated, and they are not happy to do this job. They have to be there. The technical infrastructure is not enough. The old people are unhappy and neglected. Meals are not under a dietician’s control. There is no permanent nurse. I do not think the doctor’s check-ups are regular. Hygiene is not enough. Social activity is not enough. Most importantly, a loveless environment. Of course, families are also indifferent. Some families want just to pay the fee and not to deal with anything else. Unfortunately, because there is no inspection the quality is very low. They try to run nursing home with fees, which is not enough. Except for those belonging to the state.”
- “No, I’m not:
  1. For patients placed in nursing homes, the bribery mechanism must be disabled.
  2. More medical, nursing, pharmaceutical, and psychological support should be provided.

3. Anyone working with patients should be taught and practiced communication skills regularly.

4. The elderly who receive care here should be treated humanely

5. It should be remembered that the elderly are not only food-eating and drug-taking individuals, but also social, experienced, and open to sharing, and we should include them in society.”

- “No, I don’t find it, they have a lot of deficiencies, but instead of scolding them, it is necessary to help them improve. If there were no nursing homes, there would be nowhere for us to put our relatives. This should not be forgotten.”
- “No, I don’t. I don’t think relevant inspections have been carried out when senior citizens’ residences and nursing homes don’t even have legal status.”
- “No, I get the feeling that it is not safe and enough... ”
- “No, I do not find it enough, not only peace and care, but there is no life in these places I see, places where there is no love.”
- “No, I do not think there is control.”

As can be seen from the table above, it was frequently emphasized that the participants did not find enough hygiene in the existing nursing homes and that the elderly living in these nursing homes were taken care of without affection and care, and social activities were not carried out for them. It has even been stated that the elderly living in nursing homes are very unhappy due to the lack of love and indifference and live shorter lives.

Only two people who found nursing homes sufficiently expressed their opinion. These opinions are given below

- “Yes, I just went to one nursing home, it was fine.”
- “Yes, I found the Kalkanli nursing house which I visited, sufficient.”

## **10. Services Requested by Participants from Elderly Nursing Homes**

To understand the participants’ expectations from nursing homes and the services they demand, we gave them some options and investigated their opinions and preferences. Among the answers given, hygiene, a clean environment, and approaching the elderly with love and interest were the most sought-after qualities. The specified features are given below.

- All rooms and common areas are hygienic and clean
- Having a single private room with a bathroom and toilet
- Carers are clean, well-groomed, and knowledgeable, behave well with the elderly
- A nurse and a doctor are available
- Having regular social and physical activities for the elderly
- Having a swimming pool and exercise rooms

- Possibility of physical therapy
- Having a dietician
- Allow personal hobbies
- Having plenty of green space
- Having occasional trips out
- Having a video call and camera system
- They have to be given special education, about relative issues like psychology, etc.
- To be able to remotely control the elderly with the camera system
- Staying with friends
- 1+1 with living room and mini kitchen
- Library, music-listening conditions/media
- Technological
- Even if there is no doctor around, there should be one nurse available permanently
- A very friendly, happy, and warm environment

#### **11. Would they want to spend their old age in these nursing homes if there were nursing homes that offer the services that participants desire?**

When we asked if the participants would consider staying in such a nursing home in their old age, if there were nursing homes with the characteristics they desire, 82% of the participants answered yes and 18% answered no (see Appendix, question 46).

To understand why those who answered no, we asked them to explain their reasons by asking them a question again.

These answers are highlighted below. The answers given show that people who do not want to live in a nursing home do not want to leave their families, leave their homes, and live elsewhere when they get older. If possible, they want to age healthily and live in their own homes for the rest of their lives.

The main answers given are listed below. For full answers see Appendix, question 46.a.

- “A man’s medicine is his family.”
- “I plan to die healthy.”
- “It is more important to spend time with grandchildren in my own house.”
- “I do not want to leave my house, my memories, my village, the place I was born and raised.”
- “I would like to be in the care of my children in my own house.”
- “I want to grow old in my house.”
- “I think that it prepares myself for old age, if I am sane, I can take care of myself or be looked after. If I am going to be senile, it does not matter to me where I will be being cared for.”

- “I would rather be kept in my house with the help of a carer and my family.”
- “I have not sent my father or my mother-in-law, who is alive, to such a place, and I also do not want to be looked after there.”
- “I would like to grow old in my own house.”
- “Culturally, it creates a sense of abandonment in the nursing home.”
- “Since I have income, I prefer to stay in my own house.”

The participants who responded positively to staying in the nursing home and put it under certain conditions said:

- “The concept of a residential site instead of a nursing home makes more sense to me. I look forward to a residential home where everyone has their own studio or a small flat in the style of 1 + 1, shares common areas with people of similar age, socialization, health care needs, or people who do not need care can live.”
- “I said yes, but maybe I wouldn’t go because I thought if I was in my own house, I’d be closer to my children and family.”
- “I’d have a priority to be with my children.”

## **12. What is the Estimated Fee That Participants Can Pay to a nursing home that provides the quality of services that they desire**

To understand the participants’ expectations related to quality and price, and to investigate whether they are willing to pay a higher fee for quality service, we asked them the following question:

*“How much do you think should be paid to be looked after in a very good nursing home with the features you mentioned above?”*

The answers to this question are summarized as follows.

**Table 2 – Estimated fees that participants can pay for the nursing homes that provide the quality services they desire.**

<b>Fee Range (TL)</b>	<b>Number</b>	<b>Percentage (%)</b>
1,000 – 3,000	42	23
3,001 – 5,000	94	52
5,001 – 7,000	21	12
7,001 – 9,000	9	5
9,001 – 15,000	12	7
15,001– 20,000	2	1
<b>Current number</b>	<b>180</b>	<b>100</b>

As can be seen, out of the 180 participants who answered this question, 94 participants (52%) set a fee between 3,000 and 5,000 TL, 23% of the remaining participants set a lower fee and 25% a higher fee.

When we asked the participants whether they can afford the stated fee, 165 (82%) out of 202 participants in total stated that they have the financial power to pay the stated fees.

The remaining 37 participants (18%) stated that they do not have the financial resources to pay these fees.

### **13. Other Topics Shared By Participants**

In the last question, we asked the participants to write down their views and thoughts that they would like to share with us. Some of the participants who wrote their opinions and suggestions to us are given below. You can see Question 49 in the Appendix for the list that includes all the entries.

- “My biggest wish is for nursing homes to be fully equipped. Morale is very important for them. We visit the Lapta Nursing Home every year as an association. My humble opinion is that our government should be more sensitive in this regard and that essential services such as health services should be increased comprehensively and legally ..... I think the elderly in our country should not just be remembered during elderly week, but always, and it should be seriously institutionalized. Thank you.”
- “The activities carried out have created awareness and the selfless work must continue.”
- “Those who are physically elderly and those staying in nursing homes due to mental problems (such as Alzheimer’s) should not share the same rooms.”
- “All health care costs that will be required in old age should be provided by the government, whether it is an old people nursing home or a house of your own. Obtaining medicines without excuses...”
- “Nursing home expenses affordable for all classes.”
- “Such nursing and living homes should be carried out under the control and monitor of the government and in cooperation with the government.”
- “Not only the elderly but also individuals in need with disabilities should be given care too.”
- “To have a social government, the right politicians should be chosen, laws should be regulated.”
- “I hope you succeed.”
- “An elderly residence with a doctor, nurse, and quality accommodation is essential in this country.”
- “In North Cyprus, the elderly are ignored and treated as if they do not exist, so thank you for conducting such a survey.”
- “We request that the building be constructed and inspected regularly and in an organized manner by experts.”

- “Needy elderly and child care are among the main responsibilities of the government as well as the private sector, and please consider this to emphasize that while people who have money are encouraged to improve their care and have access to health services, an equal opportunity is created and efforts should be made not to deprive people without money, and it is also necessary to inform the public about this issue. Informing families about the elderly and their rights are other very good areas to study. Congratulations on getting started on such a sensitive issue. Good luck.”
- “I believe that there is a great need for facilities where elderly people living in our country can have an active old age where they can receive quality service. Our country has great potential in terms of health tourism for elderly care. I believe that such quality investments have a brilliant future. ”
- “Thank you so much for doing this kind of work.”
- “These issues and laws are being delayed in Cyprus. It is a shame it doesn’t happen sooner!”
- “I think the words of care+old+nursing home need to change. I wish to use words about love and life instead.”
- “My sister is looking after my mother at my mother’s house. She takes care of all her needs and expenses.”
- “I think elderly care should be the government’s responsibility.”

### **13. Result**

This survey is the first and only survey study on elderly care in Northern Cyprus. The information obtained reveals that our people want to receive better care for both their parents, and for themselves when they get older. Unfortunately, while the population of society is rapidly ageing, this sector has been neglected and the necessary investments and laws have not been made until now.

85% of the participants do not find existing nursing homes good enough in terms of service. Many participants emphasized that these places should be developed and regulated by law. The fees currently charged by nursing homes do not generate the necessary financial resources to provide them with a better service.

Although families mostly prefer to hire carers for their relatives and have them cared for in their own homes, it is seen that they prefer this because there is no other alternative. It was observed that if there were contemporary nursing homes with trained staff and modern single rooms, a large proportion of the participants would prefer such places for both their relatives and themselves. Also, 85% of the participants are willing to pay much higher than the current nursing home fees to stay in such nursing homes. It was also striking that there were participants who did not want to leave their home until they died, who did not want to be separated from their memories, past life, and environment.

Another important finding is that the majority of the respondents are of 3-4 siblings, but the number of their children is between 1-2. This shows us that while families now have the

advantage of having more siblings to take care of their elders, this advantage will disappear with the decrease in the number of siblings a generation later. The current system, that is parents receiving home care services, is a system that works with solidarity among adult children. The decrease in the number of siblings who will share the financial and moral burden related to home care of the elderly means that this system is no longer possible for some elderly people.

In addition to these, it has been revealed that some of the elderly who are cared for at home or in a nursing home have difficulties in getting health services due to transport problems. Transport is a big problem for very old and bedridden elderly people to go to and from the hospital. The ambulance takes the elderly to the hospital in case of an accident or serious illness but does not bring them back to their homes after treatment.

The government must provide a separate hospital vehicle or ambulance for the elderly and free of charge. It is a known fact that if the elderly cannot reach the hospital, they cannot benefit from the health system. This overlooked transportation problem should be resolved immediately.

Today's middle-aged population with a high level of education and income in Northern Cyprus, who have made careers, when they get older, it is often revealed that they want to receive much better care services and alternatives, and they have the income to pay for these improvements.

The government should prepare the necessary legal framework and provide incentives for the private sector to invest in this field and ensure that projects such as nursing homes and residences required for the care of the elderly are implemented. It is necessary to develop nursing homes where elderly people with no financial means currently stay, the state should build its own nursing home building and provide better quality care services to poor elderly people.



## Appendix

### SURVEY RESULTS – STATISTICS

#### 1) Location of Participants

Region	Numbers of Respondents	Percentage (%)
Famagusta	53	26.2
Nicosia	97	48.0
Kyrenia	29	14.4
Guzelyurt/Morphou	3	1.5
Iskele/Trikomo	20	9.9
<b>Total</b>	<b>202</b>	<b>100</b>

#### 2) Gender of Participants

Gender	Number	Percentage (%)
Female	138	68
Male	64	32
<b>Total</b>	<b>202</b>	<b>100</b>

#### 3) Age Range Distribution of Participants

Age Range	Number	Percentage (%)
25-35	17	8.4
36-45	43	21.3
46-55	72	35.6
56-65	59	29.2
66-75	9	4.5
76-85	2	1.0
<b>Total</b>	<b>202</b>	<b>100</b>

#### 4) Marital Status of Participants

Marital State	Number	Percentage (%)
Single	22	11
Divorced	22	11
Widowed	8	4
Married	150	74
<b>Total</b>	<b>202</b>	<b>100</b>

## 5) Education Level of Participants

<b>Training</b>	<b>Number</b>	<b>Percentage (%)</b>
Doctorate	39	19.3
Master	62	30.7
Bachelor	59	29.2
Senior high school	35	17.3
Secondary school	4	2.0
Primary school	3	1.5
<b>Total</b>	<b>202</b>	<b>100</b>

## 6) Participants' Occupations

	<b>Number</b>	<b>Percentage (%)</b>
Academic	26	12.9
Lawyer	4	2.0
Banker	9	4.5
Engineer	5	2.5
Farmer	1	0.5
Dietitian	2	1.0
Doctor	7	3.5
Pharmacist	2	1.0
Teacher	18	8.9
Retired	26	12.9
Real Estate Consultant	1	0.5
Housewife	8	4.0
Physiotherapist	1	0.5
Journalist	6	3.0
Beautician	1	0.5
Nurse	2	1.0
Architect	4	2.0
Communication Specialist	2	1.0
Businessperson	5	2.5
Government employee	9	4.5
Psychologist	3	1.5
Accountant	1	0.5
Media	3	1.5
Civil Servant	16	7.9
Furniture Maker	1	0.5
Deputy Director	1	0.5
Customer Relationship	1	0.5
Organizer	1	0.5
Student	1	0.5
Private Company – Manager/Assistant	5	2.5
Planning Specialist	1	0.5
Project Coordinator	2	1.0
Research Advisor	1	0.5
Painter and Writer	1	0.5

Secretary	1	0.5
Self-employed	9	4.5
Insurer	1	0.5
Political Scientist	1	0.5
Driver	1	0.5
Designer	1	0.5
Taylor	2	1.0
Trade	3	1.5
Tourism	4	2.0
Veterinary	1	0.5
Tattooist	1	0.5
<b>Total</b>	<b>202</b>	<b>100</b>

#### 7) Participants' Monthly Income

Income	Number	Percentage (%)
20,000 TL and above	12	5.9
15,001 – 20,000 TL	25	12.4
10,001 – 15,000 TL	34	16.8
7,001 – 10,000 TL	53	26.2
3,300 – 7,000 TL	63	31.2
Minimum Wage	15	7.4
<b>Total</b>	<b>202</b>	<b>100</b>

#### 8) Monthly Income of Participants' Spouses

Income	Number	Percentage (%)
20,000 TL and above	4	2.7
15,001 – 20,000 TL	13	8.8
10,001 – 15,000 TL	29	19.7
7,001 – 10,000 TL	43	29.3
3,300 – 7,000 TL	45	30.6
Minimum Wage	13	8.8
No response	55	-
<b>Total respondents</b>	<b>147</b>	<b>100</b>
<b>Total</b>	<b>202</b>	

#### 9) Number of Participants Whose Mother is Alive

	Number	Percentage (%)
Alive	149	74
Passed away	53	26
<b>Total</b>	<b>202</b>	<b>100</b>

**10) Mother - Age Range Distribution**

Age Range	Number	Percentage (%)
50-65	36	24
66-75	43	29
76-85	55	37
86-95	13	9
<b>Total</b>	<b>147</b>	<b>100</b>

**11) Number of Participants Whose Father is Alive**

	Number	Percentage (%)
Alive	100	49,5
Passed away	102	50,5
<b>Total</b>	<b>202</b>	<b>100</b>

**12) Father - Age Range Distribution**

Age Range	Number	Percentage (%)
50-65	18	18.2
66-75	34	34.3
76-85	35	35.4
86-95	12	12.1
<b>Total</b>	<b>99</b>	<b>100</b>

**13) Number of Participants Whose Mother-in-Law is Alive**

	Number	Percentage (%)
Alive	105	62
Passed away	65	38
No response	32	-
<b>Total respondent</b>	<b>170</b>	<b>100</b>
<b>Total</b>	<b>202</b>	

**14) Mother-in-law - Age Range Distribution**

Age Range	Number	Percentage (%)
50-65	24	23.1
66-75	33	31.7
76-85	33	31.7
86-96	14	13.5
<b>Total</b>	<b>104</b>	<b>100</b>

**15) Number of Participants Whose Father-in-Law is Alive**

	<b>Number</b>	<b>Percentage (%)</b>
Alive	68	40
Passed away	100	60
No response	34	-
<b>Total respondent</b>	<b>168</b>	<b>100</b>
<b>Total</b>	<b>202</b>	

**16) Father-in-law – Age Range Distribution**

<b>Age Range</b>	<b>Number</b>	<b>Percentage (%)</b>
50-65	9	13
66-75	25	37
76-85	28	42
86-96	5	8
<b>Total</b>	<b>67</b>	<b>100</b>

**17) Citizen of the Participant**

	<b>Number</b>	<b>Percentage (%)</b>
TRNC	164	81.2
TRNC and TRNC	35	17.3
Tc	3	1.5
<b>Total</b>	<b>202</b>	<b>100</b>

**18) Total Number of Siblings of Participants**

<b>Number of Siblings (including themselves)</b>	<b>Answers</b>	<b>Percentage (%)</b>
1	9	4.5
2	69	34.2
3	69	34.2
4	21	10.4
5	18	8.9
6	6	3.0
7	2	1.0
8	2	1.0
9	2	1.0
10	2	1.0
11	1	0.5
12	1	0.5
<b>Total</b>	<b>202</b>	<b>100</b>

**19) Number of Participants with Children**

	<b>Number</b>	<b>Percentage (%)</b>
Yes	168	83
No	34	17
<b>Total</b>	<b>202</b>	<b>100</b>

**20) Number and Ages of Participants' Children**

<b>Answers</b>	<b>Number</b>	<b>Percentage (%)</b>
No children	2	1
1	37	22
2	108	64
3	19	11
4	1	1
5	1	1
No answers	34	-
<b>Current</b>	<b>168</b>	<b>100</b>
<b>Total</b>	<b>202</b>	

**21) Number of Participants with Relatives in Need of Care**

	<b>Number</b>	<b>Percentage (%)</b>
Yes	87	43
No	115	57
<b>Total</b>	<b>202</b>	<b>100</b>

**22) Places where Elderly Relatives of Participants have Received Care**

	<b>Number</b>	<b>Percentage (%)</b>
In the nursing home	10	11
With a family member	13	14
In their own house	68	75
<b>Total</b>	<b>91</b>	<b>100</b>

**23) Do the Participants' Relatives Have a Regular Salary/income for the Care Service?**

	<b>Number</b>	<b>Percentage (%)</b>
Yes	76	88
No	10	12
Did not answer the question	1	-
No elderly relatives	115	-
<b>Current number</b>	<b>86</b>	<b>100</b>
<b>Total</b>	<b>202</b>	

**24) Income Level of Elderly Relatives of Participants**

	<b>Number</b>	<b>Percentage (%)</b>
Less than 1,000 TL	1	2
1,001 – 3,000 TL	19	30
3,001 – 5,000 TL	24	38
5,001 – 7,000 TL	6	10
7,001 – 9,000 TL	2	3
9,001TL and above	8	13
Pension	3	5
I do not know	6	-
Did not answer the question	8	-
No income	10	-
No elderly relatives	115	-
<b>Current number</b>	<b>63</b>	<b>100</b>
<b>Total</b>	<b>202</b>	

**Note:** The minimum net wage was calculated as 3,323 TL.

**25) Do Families Provide Support when Income of the Elderly is Not Enough for Care Services?**

	<b>Number</b>	<b>Percentile</b>
Family support	14	78
Individual support	4	22
Total	18	100
Number of people with income	<b>76</b>	

**Note:** 76 patients/elderly people with income, 18 of them need additional income. 78% of these people are collectively supported by their families, and 22% are under individual support.

**26) The Degree of Closeness of the Elderly Living in the Nursing Home to the Participant**

	<b>Number</b>	<b>Percentage (%)</b>
Siblings	3	30
Siblings of spouse	1	10
Grandmother	1	10
Mother-in-law	1	10
Great Grandpa	1	10
Aunt	1	10
Other relatives	2	20
<b>Total</b>	<b>10</b>	<b>100</b>

**27) Are You Satisfied with the Care of Your Elderly Living in a Nursing Home?  
Please Explain.**

Number	Answers
1	It could have been better, but we are thankful because there's no better alternative, unfortunately.
2	Yes
3	Yes
4	Yes
5	No answers
6	Yes
7	I do not know. My aunt's children do not let me visit her in the nursing home.
8	We're not, there's not enough care and attention.
9	I can't be sure because he just moved there. I am going to keep checking.
10	Yes

**28) Monthly Care Fee for Elderly Relatives Staying in a Nursing Home (TL)**

Number	Answers
1	2,500TL
2	3,000TL
3	No answers
4	Around 3,000 TL
5	No answers
6	I do not know
7	I do not know
8	Minimum wage
9	He's staying in a public nursing home.
10	I do not know

**29) Are There Any Additional Costs Besides the Monthly Maintenance Fee of the Nursing Home?**

Number	Answers
1	500TL per month for medicine, taxi, clothing, etc.
2	No answers
3	No answers
4	Pharmaceutical costs
5	No answers
6	I don't have any information.
7	I do not know
8	No
9	No answers
10	No answers



**30) Do You Have the Elderly Who Have Been Cared for in Your Own Home with the Help of a Carer in the Past or Right now?**

	<b>Number</b>	<b>Percentage (%)</b>
Yes	108	53
No	94	47
<b>Total</b>	<b>202</b>	<b>100</b>

**31) If you have an elderly/patient who is cared for in your own home with the help of a carer, or if you have patients currently being cared for, what is your relationship? (For example, my mother, my father, my aunt, etc.)**

<b>Answers</b>	<b>Number</b>	<b>Percentile</b>
Sister	2	2.0
Friend of family	1	1.0
Relatives	1	1.0
Mother, father, and aunt	1	1.0
Grandmother	9	9.1
Grandmother and grandpa	4	4.0
Grandmother, grandpa, aunt, and nephew	1	1.0
Grandmother and mother-in-law	2	2.0
Parents	9	9.1
Mother, father, mother-in-law, and father-in-law	1	1.0
Grandmother	6	6.1
Father and mother-in-law	1	1.0
Mother-in-law and father-in-law	1	1.0
Father-in-law	3	3.0
Great aunt (mother's sister)	1	1.0
Great aunt (father's sister)	1	1.0
Uncle	2	2.0
Wife	1	1.0
Mother-in-law	11	11.1
Mother-in-law and sister-in-law	1	1.0
Wife's grandfather	1	1.0
Wife's aunt	1	1.0
Mother	22	22.2
Father	9	9.1
Aunt (mother's sister)	1	1.0
Aunt (father's sister)	5	5.1
Aunt and mother	1	1.0
No answers	9	-
<b>Current number</b>	<b>99</b>	<b>100</b>
<b>Total</b>	<b>108</b>	

**32) Are you satisfied with the care of your relative who is being cared for in his own home with the help of a carer?**

Answers	Number	Percentage (%)
Partially Satisfied	15	16
Yes	60	66
No	16	18
<b>Total</b>	<b>91</b>	<b>100</b>

**32.a) Explanations for the Above Question**

Answers	Number
I wasn't too happy, but he had no choice.	1
It's a very difficult process.	1
We've had him looked after before, but we were not happy and we've sent him to the nursing home.	1
Yes, we were pleased, but it was a huge burden on us to do the shopping, to manage the carers and... It was never easy to deal with job permits and special problems for carers	1
Yes, because they have 2 elderly (mother and father) the carers were 2 women too, one is boarding, and the other is working shifts...both are very good people luckily.	1
We have a helper who comes during the day (8:30-5:00, when I'm at work). I am satisfied.	1
My aunt's an Alzheimer's patient. She was taken care of with the carer at home before her sons took her to the nursing home.	1
No, it needs to be professional, trustworthy, and compassionate.	1
No, that's why my mom's taking care of my dad right now.	1
It is better than nothing.	1
He was doing fine. He was never looked after as a family member.	1
Partially, it is inadequate in medical care.	1
We are satisfied with personal care, cleaning, organizing and feeding, filling the psychological gap as family members	1
To a minimum degree yes	1
It's moderate. Nurse service is weak	1
It's a troubling process, I'm not very satisfied	1
We were happy except for people smoking.	1
I was not satisfied so I had problems	1
It wasn't enough.	1
Yes	54
I'm very pleased.	3
I'm partially pleased	3
No	8
Middle	2
Not really.	2
No answer	17
<b>Current number</b>	<b>91</b>
<b>Total Number</b>	<b>108</b>

**33) How much do you pay the carer per month for home care? (TL)**

<b>Fee Range</b>	<b>Number</b>	<b>Percentage (%)</b>
2,000 – 3,000 TL	16	20.8
3,001 – 4,000 TL	45	58.4
4,001 – 5,000 TL	11	14.3
5,001 – 6,000 TL	1	1.3
6,001 – 7,000 TL	4	5.2
<b>Total</b>	<b>77</b>	<b>100</b>

**Note:** Those who answered “I don't know ” and those who did not respond were removed from the statistics. The dollar was converted to TL by taking the exchange rate of this year at 6.5.

**34) Apart from the monthly carer's fee, how much is the total monthly maintenance costs for your elderly? (Food, beverage, medicine, pads, electricity, telephone, gas, etc.)**

<b>Fee Range</b>	<b>Number</b>	<b>Percentage (%)</b>
Less than 1,000 TL	1	1.5
1,001 – 3,000 TL	35	53.8
3,001 – 5,000 TL	15	23.1
5,001 – 7,000 TL	5	7.7
7,001 TL and higher	9	13.8
<b>Total</b>	<b>65</b>	<b>100</b>

**Note:** “Staying in the same house” and “I don't know” and “non-answering” were removed from the statistics. The dollar was converted to TL by taking the exchange rate of this year at 6.5.

**35) Would you consider taking care of your relatives in such a nursing home if there were nursing homes in our country that provide very good care of the quality you desire? Please explain.**

<b>Answers</b>	<b>Number</b>
2nd Degree of relatives	1
Maybe	3
I am not sure.	2
I am not sure, when that day comes, whoever it is, I will leave it to them.	1
I am not sure, the other elements that should be integrated into such a nursing home are not very clear. This makes it difficult to ensure the quality you mentioned.	1
Yes	72
Yes, until he/she is healed	1
Yes, I would think about getting him to be cared for at regular intervals, even if it would not be continuous.	1
Yes, I would take him/her from time to time maybe for a few hours.	1

Yes. If there was a place to trust comfortably and take care of our elderly, I could put them there.	1
Yes. Good service and good care, I think it's a good option for everyone.	1
Yes, but their choice would be my priority.	6
Yes, I would consider it, if there were institutions, we wouldn't have continuity to find one carer every six months. It is often difficult for the elderly to change carers, and for us, who are elderly relatives, it is both a financial and moral burden to get a permanent work permit. Now our elderly is in the hands of a single carer and an environment that no one can visit them. If a good nursing home was looking after them, they would be less likely to be abused by their carers, also, the elderly can find the opportunity to socialize with other elderly people in the nursing home.	1
Yes, I would. I think there can be better care services with the necessary hygienic conditions, psychological and medical support in such nursing homes.	1
Yes, I would. Providing a warm family environment, health, hygiene, nutrition, social activity, etc. If it were a living house with an environment, I'd think about it.	1
Yes, but there is a lot of prejudice in society about it.	1
Yes, if the elderly in need of care was in a place to be happy and attentive and clean, of course, it is considered positively.	1
Yes, if there were nursing homes that provide very good care and I thought my wife's mother or father would improve their quality of life, of course, I would think about it.	1
Yes, I would think, old age is the most critical period when people are in need of human beings, it is extremely necessary for them not to be alone, to be spiritually satisfied, to continue to produce and not break away from life, to have fun, to think positively, and to provide service with respect. It is useful and is a great need in our country.	1
Yes, if there is a place that does not make you feel like an old, sick, useless person, I would find it worth thinking about.	1
Yes, if it was a nursing home with nurses and carers who specialize in aged care, I would have thought if it was a care home where elderly people were able to rely on regular inspections peacefully and hygienically.	1
Yes, if I wasn't physically able to look after myself, I'd think about it.	1
Yes, if I can't look after myself.	1
Yes, I think because of what happened in care centres in Europe and America during the pandemic process.	1
Yes, it depends on the circumstances, if I cannot take care of myself and there is a nursing home I trust, why not	1
Yes, if there was a place in our country where elderly or lonely people could live, where there was an atmosphere of respect and love, hygiene, and social life, yes, I would stay there.	1
Yes. It is inevitable when the parents or family are unable to care for them.	1
Yes. I believe that people who have specialized in this field will be much more beneficial than my relatives who do not have experience and knowledge in this field.	1
I'm sure, yes.	4
I would definitely think about it. If he has a hygienic, healthy and social environment.	1

I would certainly think about it. Provided such a place that my grandmother is living in a nursing home where she will be peaceful and happy.	1
Absolutely, yes. While spending his salary we'd rather look after them in a nursing home.	1
If there was a place that gives importance to quality and hygiene, I would have them cared for there.	1
Definitely... if there was a place clean and reliable like a hotel that he could spend his time socially with his peers, why not	1
It could be.	7
It could be an acres-style care house.	1
It could happen. Regular health check-ups and providing a social environment can be effective in such a decision.	1
No	38
No – They would get hurt psychologically. They would think they were unwanted	1
No, because he/she was suffering from ALS, he/she needed special care.	1
No, because it cannot replace the home environment.	1
No, I would not. Taking care of the parents is the duty of their children. We are busy, but just as they looked after us as children, we have to take care of them as we get older.	1
No, I prefer our own family to take care of them.	1
No, I will think about looking after them myself.	1
No, I'd rather take care ourselves, but if I didn't have the chance, yes.	1
No, but it can be.	1
No, I couldn't consider it because my mom didn't want to.	1
No, I'd like to take care of my mother as much as I can. But we don't have kids, and we're going to need a nursing home in the future.	1
No, I think mother and father should be taken care of by children, even though there are nursing houses.	1
No, I would prefer them to be looked after at home under our supervision. I would love to have such a place for myself in the future.	1
No, since there has never been such a place and they are always inappropriate, we will never leave our father to live in such a place, given that there is no place that can be trusted without worry. There is no one committed to that education, I do not think such a place will exist in the near future. I will say why not send them to a nursing home if it is a beautiful and lovable place. I cannot say that because of the mindset of the people of TRNC, sending our parents to those dormitories or nursing homes means not to take the responsibility of taking care of them. First, we should change this mindset. We see it as disrespect to the elderly. I do not send them to such places anyway.	1
No, if they have children, they should take a carer for help and look after them at home.	1
No, unless you are in a difficult situation.	1
No, I would rather they never cared for at their home.	1
No, I am going to say no because I couldn't imagine it, but I guess if it was a PROFESSIONAL one like USA's nursing homes, not only a caring place but a place of loving and treating them humanely. I mean, they would be happier there than in-home spending their day with an inexperienced person but being in a place where doing activities that would be better for mental health. Etc.... I	1

told you I cannot imagine it here. There is no respect even for a healthy person. We are talking about people who have lost their values. So, I said no.	
No, I think it would be psychologically better to look after them in your home environment if possible.	1
No, I would rather look after them in my own house.	2
No, I would not think so because you prefer your own home	1
No, I prefer a beautiful and reliable home care system as long as they have their own home.	1
No, they do not prefer it themselves.	1
No, it would be their own choice. I think it is best to look after them at home as much as possible.	1
No, they would rather stay at home.	1
No, as long as health and economics allow, I don't think it's right and conscientious to be taken away from home, natural, family. But when I can't do it myself, I can send them to a place where they can be best looked after and can visit them often, where they can be cared for with compassion...	1
No, I do not have a relative staying in the elderly care home, but in my research, I observed that such places are not at the preferred standard.	1
No, because it is as important to be with your loved ones as well as caring for them.	1
No, children should take care of their parents in their own homes.	1
No, it is better for them to be in their own home, to be mentally healthy and to be together often.	1
No, they would be upset.	1
No, I would not think they could be looked after at home now	1
I would ask their opinion.	1
Depending on the health condition and depending on the quality of service.	1
I'd think about it based on his health.	1
Not right now.	1
Those who did not answer.	3
<b>Total</b>	<b>202</b>

**35. a) If there were nursing homes in our country that provide very good care of the quality you desire; would you consider taking care of your relatives in such a nursing home (Statistic)**

Answers	Number	Percentage (%)
Yes	109	55
No	70	35
Not Sure	20	10
<b>Total</b>	<b>199</b>	<b>100</b>

**36) If there were elderly nursing homes in our country that provide very good care of the quality you desire, how much would you be prepared to pay for such a place? (TL)**

<b>Fee Range</b>	<b>Number</b>	<b>Percentage (%)</b>
1,000 – 3,000 TL	25	15
3,001 –5,000 TL	119	71
5,001 –7,000 TL	13	8
7,001 –20,000 TL	11	6
<b>Total</b>	<b>168</b>	<b>100</b>

**37) What is your elderly's choice of care? Where do they wish to be looked after? Please explain.**

<b>Answers</b>	<b>Number</b>	<b>Percentage (%)</b>
With the family with us	11	6.1
Don't know	11	6.1
Home environment	142	79.3
A quality nursing home	15	8.4
<b>Total</b>	<b>179</b>	<b>100</b>

**38) Is there a collaboration between the siblings while the elderly relative is being looked after? Are the financial and moral burdens shared?**

<b>Answers</b>	<b>Number</b>
Yes, they are being shared	107
My siblings live abroad, but they can come for 1 month a year.	3
We have moral cooperation with my sibling.	1
Only 2 siblings out of 5 took care of our mother. We carried the moral burden, and another brother helped us financially.	1
No	25
We are making our provision for my wife and me.	1
I have a sibling, but it was not shared, I looked after him/her at my home with a carer.	1
Not the care, but just attention was shared.	1
Cooperation is difficult.	1
We are currently meeting the moral burden with Zoom. They come and support as much as possible.	1
Everyone shares the moral burden	1
We can help more on weekends and summer holidays.	1
Even though the financial burden is shared, solving the problems usually falls on one person.	1
In general, cooperation has been a thing of the past.	1
Sometimes there's trouble.	1
Everyone tried to evade responsibility.	1
Partially	3

No need, they have a good income	3
Most of the time	1
Sometimes, I am more interested.	1
3 of the siblings share, 2 do not	1
No, it is not shared. The only responsibility rests with one sibling who takes care of it, and the sibling does not share this despite the mother's request.	1
Now my mother is dead. But years ago, she needed care, her hip was broken. I was looking after her in my own house. I did not get any help from my brothers. I looked after her alone.	1
There has been no cooperation in the past.	1
There are some, but since most of the brothers are abroad, most of the work falls on two siblings, which creates tensions.	1
Yes, my brother and I tried to share as much of my mother's care during her sickness. My mother and father met the financial burden.	1
Not needed	1
No answers	39
<b>Total</b>	<b>202</b>

**39) If you have a very old or bedridden patient who is being cared for at home, do you have difficulty bringing a doctor home or taking them to the hospital? Please explain.**

Answers	Number	Percentage (%)
Yes	74	48
No	80	52
<b>Total respondents</b>	<b>154</b>	<b>100</b>

**39.a) Notes from people who say "Yes".**

Yes, it is hard for my mom to go to the hospital because she has Alzheimer's.
Yes, we experienced it with my grandmother. We had difficulties in taking the patient to the hospital as there was no transport available.
Yes, since we live in an apartment, it is hard to take him and bring him back.
Yes, we had a lot of trouble. We had difficulties both in bringing a doctor home and bringing our elderly to the hospital. Our patient with a broken leg was taken to the hospital by an ambulance, but after surgery was done on his leg, while he couldn't walk, we took him in the back of our car by pushing the seat back and laying him down there, brought him home and to his room
Yes, it is very difficult. We are going with 3 people.
Yes, we have a hard time because their movements are so slow
Yes, there is no transport service
Yes, we have. The doctors usually do not come to our home and ask for a higher price when they do. Taking an elderly person with difficulty in walking to the hospital is nothing but making his life even more difficult, the psychological pressure of the hospital makes our elderly even sicker
Yes, we have, time is the biggest problem
Yes, we have. If there is no family doctor they do not come to our home, no discount in terms of money is considered. If our patient is bedridden, being taken to the hospital is a nightmare for our elderly.



Yes, we had difficulty. We could only get my father from home with the government hospital ambulance. And we were having a lot of trouble because he was bedridden. Calling a doctor to our home was a challenge.
Yes, I do not, but as much as I have heard, some relatives are having these difficulties.
Yes, this is one of the most troubling issues. As long as he has money, he does not receive any services from the government in any way. We are having trouble finding medicines and the doctor. We have been having many problems with procedures to prescribe their medication.
Yes, it can be hard for grandfather to get in and out of the car sometimes, but we do not have a problem with his doctors coming to our home.
Yes, it was impossible to take him to the doctor because his body was in muscle contractions. The doctor came when we called although he sometimes came late.
Yes, no difficulty in bringing the doctor. It is hard to take them to the hospital.
Yes, it is hard to bring an ambulance or a doctor, because the house is far from the city center, and it is hard to carry him because he is paralyzed!
Yes, we call an ambulance when necessary
Yes, since the number of patient transport vehicles is low, it is a big problem to visit the patient at the hospital.
Yes, we were struggling for taking him/her to the hospital. An ambulance was coming from the private hospital.
Yes, not every doctor comes to your home and looks after patients, they are very busy.
Yes, there are hard times in both cases.
Yes, we are using our car when it is necessary, but we're struggling because it's out of town.
Yes, he is having a mobility challenge because the grandmother and grandfather are too old.
Yes, we had the doctor's care, but we had a hard time taking her to the hospital.
Yes, since he is bedridden, the doctor needs to come to our home when he becomes sick.
Yes, if they are bedridden, it is hard.
Yes, it is hard to go to the hospital because it is so hard to walk.
yes, we had difficulty from time to time. The conditions in the hospital are difficult, especially because he has Alzheimer's disease.
Yes, we have difficulties from time to time. As there is no special elderly transport service
Yes. It is difficult to take my grandmother to the hospital because she is overweight and cannot walk. It would be better if there were services to see her at home.
Yes. Very few doctors agree to come to our home. We are having a hard time.
Yes. But this problem is mainly caused by the lack of elevators to the fourth floor of the house.

### 39.b) Notes from people who say "No".

No, ambulance services are working well.
No, my mom takes a cab.
No, we do not have difficulties because there is a doctor among my siblings.
No, we did not have any trouble with the private hospitals.
No, they come when we call them.

**40) Where do you want to be cared for when you need care in your old age?**

Answers	Number	Percentage (%)
At my children's house	4	2.0
I have not thought about it, I am not sure.	8	4.0
A quality nursing home with a private room/nursing home	86	42.5
With help in my own home	104	51.5
<b>Total</b>	<b>202</b>	<b>100</b>

**41) Do you save money for your old age?**

Answers	Number	Percentage (%)
Yes	104	51
No	98	49
<b>Total</b>	<b>202</b>	<b>100</b>

**42) Will you have a pension or an income when you retire?**

Answers	Number	Percentage (%)
Yes	194	96
No	8	4
<b>Total</b>	<b>202</b>	<b>100</b>

**43) Have you ever visited any nursing home in Northern Cyprus?**

Answers	Number	Percentage (%)
Yes	144	71
No	58	29
<b>Total</b>	<b>202</b>	<b>100</b>

**44) Do you find nursing homes in Northern Cyprus sufficient for service? Please explain.**

Answers	Number	Percentage (%)
I don't know anything.	22	11
Yes	9	4
No	171	85
<b>Total</b>	<b>202</b>	<b>100</b>

**44.a) Notes from people who say "No".**

No, I think they are insufficient in terms of service.
No. The patients are unhappy individuals who are treated like belongings, in places not arranged according to climatic conditions, without maintenance, dirty medical equipment, and untrained personnel. I could not get proper care anywhere I do not want to be there; I do not want to see any of my relatives there.
No, I have visited a lot of nursing homes, the staff are not trained, they are not happy to do this job. They are there as a necessity. The technical infrastructure is not enough. The

<p>elderly are unhappy and neglected. Food is not under dietician control. There is no permanent nurse. I do not think doctor checks are organized. Hygiene is not enough. Social activity is not enough. Most importantly, it is a loveless environment. Of course, families are not interested. Families want to pay and do not take care of anything else. Unfortunately, the quality is very low because there is no supervision. nursing homes are being tried to be managed by patients' fees, which is not enough. I do not think there is any government support other than those that belong to the government.</p>
<p>No, I am not,</p> <ol style="list-style-type: none"> <li>1. For patients placed in nursing homes, the torpedo mechanism must be disabled</li> <li>2. More Doctors, nurses, medicines, psychologists support should be given.</li> <li>3. Everyone who works should be given regular training and recurring of communication skills training with patients</li> <li>4. The elderly who receive care here should be treated humanely.</li> <li>5. It should be remembered that the elderly are not only food-eating and drug-taking individuals, but also social, experienced and open to sharing, and we should include them in society.</li> </ol>
<p>No, I do not find it, there are many deficiencies, but instead of replacing them, you need to help with developments. If it was not for the existing nursing homes, there wouldn't be anywhere to put our relatives right now. And that is important to remember.</p>
<p>No, I do not. I do not think relevant inspections have been carried out when nursing homes and senior citizens residents do not even have legal status.</p>
<p>No, I get the feeling that they are not safe and not enough...</p>
<p>No, it cannot be enough in the TRNC with the current understanding.</p>
<p>No, unfortunately, I find it lacking in hygiene, activities, and care for the elderly.</p>
<p>No, it's completely zero quality.</p>
<p>No- If I was old, I do not want to be in such a place, I saw two places, it was very bad in Lapta. It was smelly of urine, the other was Bulent Ecevit. It is very depressing that healthy elderly and those who are troubled live in the same place. It was like the dormitory of orphans. God help us.</p>
<p>No, I do not find it enough, it's not giving any value to the elderly, it lacks respect and love, and social activity. Living conditions and structures are not suitable for being a nursing home or a senior citizen resident, etc. I believe that this name needs to be changed.</p>
<p>No, it's not enough because there are so many things that they are missing.</p>
<p>No, it is not enough. Quality of service is poor</p>
<p>No, and I do not think they are good enough for hygiene. Staff should be carefully selected and standards should be high</p>
<p>No, these places are generally not suitable as buildings for their purpose, but also the rooms are very crowded and the quality of service is low.</p>
<p>No, I think there is a lot of shortcomings.</p>
<p>No, it is very inadequate and has very low standards in terms of quality. Families prefer to give their elderly who are mentally disturbed, demented, or unable to meet their physical needs to a nursing home.</p>
<p>No, I hear they can be better.</p>
<p>No, I prefer an environment that is not clear you are in a hospital or you are in a home environment.</p>
<p>No, it is not enough for the patients.</p>
<p>No, the nursing home and senior citizen residents are both in one place living together, they are not clean and comfortable enough, there's not enough social activity.</p>
<p>No, I find it inadequate, except for some exceptions.</p>

No, I certainly do not think it's enough. But there are some examples we can call "good"... For example, the nursing home established in Kalkanlı seems to be working well according to the conditions of the country. I have no idea about private nursing homes.
No, it is definitely inadequate. I have also seen violence in a nursing home before, but employees and owners have refused to comment.
No, they are dirty with little kindness and care.
No, In the service provided by the KKTC, it is common for the general standard of living to be one of the most important aspects of life.
No, I did not visit all of the nursing homes, but I went to at least 4 places belonging to the government and the private sector. Unfortunately, the service and quality are inadequate.
No, I do not think it is enough. There are major deficiencies and confusion of authority in physical infrastructure, trained care personnel and legal structure.
No, I do not think it is enough. There is no safety and no security in these places.
No, I do not think it is enough. First, they are not clean and hygienic. There is a smell of urine on entering the nursing home. The elderly in need of care do not have their clothes washed and their hair is not clean. It should be clean. Patients should be washed every day.
No, I do not find it enough. There were also young people with disabilities in the nursing home I visited. I think that adequate hygiene and attention cannot be provided to the elderly.
No, there are some adequate ones, but most of them are inadequate.
No, it is not enough, and it is too bad. Both the carers' approach and their living spaces are very bad.
No, it is not enough. No social life
No, it is not enough. They look very primitive.
No, I hear they are not professional enough.
No, the house I saw on my visit was an apartment, I did not like it. :(((
No. Because educated people do not work in these places, unfortunately.
No. No quality and no trust.
No. They lack love and respect. And I think it is just like abandoned shelters with hopeless old and sick people
No, because I noticed bad smells on my visit. This indicates that it is inadequate
No. In fact, what I have heard is terrifying. God help us.
No. places far from my dreams.
No. Like the guest house, there is no relevance to the care and cleaning and hygiene are very low.
No, culturally, our understanding is very lacking in this regard.
No, Social activities and activities to connect them to life are missing.
No, the elderly and the sick and the disabled are trying to get together in the same place. There can be no peace.
No, there are not enough specialists. There are no therapy activities for the elderly. There are no single rooms.
No... No professionalism.
No... I do not find enough hygiene.
No, those who go to the nursing home die prematurely
No, I do not think it is enough, there is no peace and care, as I visited them, places where there's no love.
No. I do not think there are controls.

**44.b) Notes of people who say “Yes”.**

Yes, I only went to one nursing home, it was fine.
Yes, I found the Kalkanli living house good enough when I visited it.

**45) What are the services you request/expect from the nursing homes?**

Answers	Number	Percentage (denominator 484)	Percentage (denominator 202)
All	146	30.2	72.3
1- All rooms and common areas must be hygienic and clean	53	11.0	26.2
2- To have a single private room with a bathroom and toilet.	50	10.3	24.8
3- Carers are clean, tidy and knowledgeable and treat the elderly well	51	10.5	25.2
4- Nurses and doctors should be available.	50	10.3	24.8
5- Regular social and physical activities for the elderly	51	10.5	25.2
6- Having a swimming pool and exercise rooms	4	0.8	2.0
7- Possibility of physical therapy	44	9.1	21.8
8- A dietician should be available	5	1.0	2.5
9- Allowing personal entertainment	1	0.2	0.5
10- Having plenty of green space	5	1.0	2.5
11- Social trips	2	0.4	1.0
12- Video calling and camera system	3	0.6	1.5
13- There should be special training about current issues, psychology, etc.	5	1.0	2.5
14- To be able to remotely control the elderly with the camera system	1	0.2	0.5
15- My friends can stay here with me, too.	1	0.2	0.5
16- 1+1s with living room and mini-kitchen	1	0.2	0.5
17- Library, places for listening to music	1	0.2	0.5
18- Using Technology	2	0.4	1.0
19- Even if a doctor is not available, there should be a permanent nurse.	1	0.2	0.5
20- Being a friendly, happy and warm environment.	7	1.4	3.5
<b>Total</b>	<b>484</b>	<b>100</b>	<b>100</b>

**Note:** The total number of responses is higher than the number of respondents because of their multiple responses.

**46) Would you rather spend your old age here if the nursing homes in Northern Cyprus had been established according to the quality you mentioned above?**

<b>Answers</b>	<b>Number</b>	<b>Percentage (%)</b>
Yes	165	82
No	37	18
<b>Total</b>	<b>202</b>	<b>100</b>

**46.a) If your answer to the above question is “No”, please explain why.**

The family is the medicine of man	1
I plan to die healthy.	1
It is more important to spend time with grandchildren in my own house	1
I do not want to leave my house, my memories, my village, the place I was born and raised.	1
I would like to be in the care of my children in my own house.	1
I want to grow old in my house.	1
I think that it prepares myself for old age, if I am sane, I can take care of myself or be looked after. If I am going to be out of my mind, it does not matter to me where I will be taken care of.	1
I would rather be kept in my house with the help of the carer and my family.	1
I do not send my father or my mother-in-law who is alive, to such a place, and I do not want to be looked after there myself.	1
I would like to grow old in my own house.	1
A cultural approach creates a sense of abandonment in the nursing home.	1
Since I have income, I prefer to stay in my own house.	1
As I know the potential of people in TRNC, unfortunately, I cannot imagine that it would happen. Also, the government does not have respect for his citizens.	1
I do not want to spend my last time away from my loved ones, memories and my home, I don't want to be aimless and hopeless... But if I am not self-sufficient, needy and alone, I can choose to live there.	1
They do not want this. They will think you have abandoned them.	1
I would rather live and die in my own home and my garden in a healthy way.	1
I would rather be cared for in my own house.	1
I consider leaving home as the last chance.	1
I think I will be more peaceful in my own house.	1
I prefer staying alone.	1
I would rather be at home.	1
I would like to be at home living in my way.	1
Because I want to stay in my own house.	1
I believe I will be more psychologically comfortable in my own home.	1
I cannot imagine being in a situation like this right now.	1
Providing the above facilities physically does not mean a guarantee of quality. Moreover, a high standard of quality will not be economically affordable.	1
My personal choice	1
I believe I am going to have a more comfortable old life in my own house.	1
I would rather be in my own house.	1
I do not prefer to live in a crowd	1
Special desires, their own homes	1

I can also respond differently depending on the condition/type of disease. age is also important.	1
I like being at home.	1
I would like to take care of myself.	1
No answers	3
<b>Total</b>	<b>10</b>

**46.b) 46. Comments from those who answered “Yes”.**

The concept of The Living House instead of a nursing home/senior citizen residence makes more sense to me. I take a warm look at a life site where everyone has their studio or 1+1 style of a small apartment, shares common areas with people of similar age, socialize, a place where people who need care or healthy elderly could live.	1
I said yes, but maybe I would not go because I thought if I was in my own house, I would be closer to my children and family.	1
I'd have a priority to be with my children.	1
<b>Total</b>	<b>3</b>

**47) How much do you think should be paid to be looked after in a nursing home with the quality mentioned above? (TL)**

<b>Fee Range</b>	<b>Number</b>	<b>Percentage (%)</b>
1,000 – 3,000 TL	42	23
3,001 –5,000 TL	94	52
5,001 – 7,000 TL	21	12
7,001 – 9,000 TL	9	5
9,001 – 15,000 TL	12	7
15,001 TL and up	2	1
<b>Current number</b>	<b>180</b>	<b>100</b>

**Note:** Minimum net wage was received at 3,323 TL

**48) Do you have the financial power to pay the fee you specified above?**

<b>Answers</b>	<b>Number</b>	<b>Percentage (%)</b>
Yes	165	82
No	37	18
<b>Total</b>	<b>202</b>	<b>100</b>

**49) Please note what you want to convey to us outside the above topics**

My biggest wish is for nursing homes to be fully equipped. Ethics are very important to them. We visit the Lapta Nursing Home every year as an association. My humble opinion is that our government should be more sensitive in this regard and that essential services such as health services should be increased comprehensively and legally ..... I think It should not be only in the elderly week but always they should be remembered, especially in our country, and that should be seriously institutionalized. Oh, thank you.
The activities carried out have created awareness and this selfless work must continue.

Humanity died in England. Please do not make the same mistake in Cyprus. Be human, treat everyone as human beings, and especially with love and protect the elderly
Those who are physically elderly and those staying in nursing homes due to mental problems (such as Alzheimer's) should not share the same rooms and stay in separate rooms...
All health care costs that will be required in old age should be provided by the government, whether staying in an elderly nursing home or a house of your own... providing medicine without excuses...
Nursing home expenses are payable for all classes
Such nursing and living homes should be under the control and monitor of the government and in cooperation with the government.
Not only the elderly but also individuals in need with disabilities should be given care too.
To have a social government, the right politicians should be chosen, laws should be regulated.
I hope you succeed.
A living house with a doctor, nurse, and quality accommodation is essential in this country.
In North Cyprus, the elderly are ignored and treated as if they do not exist, so thank you for conducting such a survey.
We request that the building be constructed and inspected regularly and in an organized manner by experts.
Needy elderly and childcare are among the main responsibilities of the government as well as the private sector. Please consider that this should be emphasized that while people who have money are encouraged to improve their care and have access to health services, an equal opportunity should be created and efforts should be made not to deprive people without money, and it is also necessary to inform the public about this issue. Informing families about the elderly and their rights are other very good areas to study. Congratulations on getting started on such a sensitive issue. Good luck.
In my opinion, the bleeding of the wounds of Northern Cyprus is since the foreigners are unqualified, even though they do not have a profession, but only in our country, they are looking for money from the elderly by taking care of them or pretending to take care of them. They make a lot of money.
Check out the elderly care institutes.
It's very necessary. It should be brought up to world standards, even though it is late.
I hope you can provide an environment where I do not lose the feeling of confidence in health guidance (this is your home).
The issue of fees is negotiable. Elderly nursing homes are a bit contrary to our culture, we need a little more development in this regard.
I think having a nurse with knowledgeable college graduates in nursing homes, especially nurses specialized in geriatric nursing, can be good advocates and carers for the elderly.
The government should take care of people when they are old and provide financial support.
Government nursing homes need to be made up of only elderly people in need of care. Individuals with disabilities should have their own private care homes. Both sectors need different and special attention and care.
Elderly care is a very sensitive situation, but you can't trust it because it's a very misused subject.
While there are social insurance investments, the ELDERLY care Fees should be collected from the Ministry of Labor and the ELDERLY care homes should be paid by the GOVERNMENT.



If possible, I prefer elderly nursing homes to be in the forest in quiet nature, away from noise pollution.
Nursing home/senior citizen resident or home care projects should be seriously audited. The necessary support and assistance must be provided. Oh, thank you. :-)
It is a great work, thank you.
I think that the monthly salary will be more realistic and more binding if the competent ministries or departments decide according to the current conditions.
I noticed that old people mostly miss the sea and trees. They very much desire to be in touch with nature. They want to rest in nature and hear the sound of the sea, instead of staying closed between four walls. In the future, I want to spend my old age in such a place.
We want care with love.
With retirement and government assistance, I think something can be done to improve the flow.
I think not only the elderly but also those who live alone should get a service like this.
Employees must be selected very carefully. No one can leave their loved ones easily, and the professionalism of the staff must be at the forefront in these difficult situations.
I congratulate you and wish you success in addressing this issue.
There is a need for elderly nursing homes that provides quality service in TRNC
Not only elderly/bedridden individuals but also people with disabilities need a nursing home, those with such family members suffer greatly when they are older or unable to find a carer.
I hope that there would be such a nursing home.
I wish the TRNC had such beautiful nursing home. That is what my friends and I talk about.
I want decent people to work in these homes.
Having a nurse and a doctor's supervision at least once a day in a nursing home is very important. Older people are both sick and do not know how to take their medication properly. Educated people should take care of them.
Of course, such nursing homes are needed, but if people are happy at home, this service can also be provided at home. This means that medical care, nursing care, psychiatric support must be planned and performed in social rehabilitation. It can be a program
Of course, not everyone thinks in a way that it may not be possible to take care of them at home. They need good quality places that do not make them feel worthless.
Having a nursing home with the features you mentioned above is very important, working conditions change in such a way that children have difficulty caring for their elderly. Quality environments where seniors can make friends with their peers are important. Turkish culture teaches family elders to take care of their children. I think this love and devotion are valuable. Apart from nursing homes, social facilities that can be available in their homes and facilities that can help them to socialize, and workshops that they can produce their products (handicraft painting), periodic seminars that can be their intellectual stimulation could increase their awareness and they are very helpful for a quality life for the elderly and this is never done in TRNC. I think this is an innovation.
I believe that there is a great need for facilities so that the elderly in our country can enjoy quality services and have active aging. Our country has a high capacity in terms of health tourism in caring for the elderly. I believe that such quality investments have a certain path.
Thank you very much for doing such a study.
These issues and laws are delayed in Cyprus. It is a shame that nothing has happened yet!

I think that the elderly should never be separated due to their illness and cared for in a separate room. When there is always another person, their morale is high. I think a private single room is only available for people with infectious diseases or people with Alzheimer's. Because they have to be under constant surveillance.
I believe that nursing homes or children in need of care should receive a lot of government assistance and should be controlled by people who know what to do very well, I think staff, doctors, etc. should be chosen from people with loving hearts.
Today, the well-being of workers and the elderly is as important as any other age group. Everyone has to show the same sensitivity
In the Nursing Home, hygiene should come first, then the basic needs such as nutrition and physical therapy in the best possible way are very important. It is important to meet your needs with a smiling face at a proper time and in the proper place. Participating in a social activity such as a TV event as it is necessary to have a good time.
My income today will not continue in my old age. If I am lucky, I can get a pension and get insurance, but I'm not going to get my social insurance from the salary because it is lower than minimum wages so it's difficult to pay for insurance. Therefore, if all this salary is used for my care, maybe (!) it will be enough. Insured workers whose rights like mine are being violated will certainly experience serious financial difficulty in their old age.
I think the words of care + old + nursing home need to be changed. I wish to use words about love and life
People who have been hired in TRNC to be able to care for the elderly in homes have unfortunately become an organization. Both wages and services are up to them. Although the value of their services is paid profusely, all expenses are also covered by the sick-aged family. As a result, you have to pay a lot of money.
My sister is looking after me in my mother's house. She takes care of all my needs and expenses.
I think elderly care should be the government's responsibility.